



Life Group Guide

Sunday, May 21, 2017

Speaker: Roy Fruits

COMMUNITY...

Sharing our hearts and lives with each other so we become good friends.

SUMMER! What is one thing you are looking forward to doing this summer? Why?

PRAISE! What one thing have you appreciated about your Life Group this year? Why?

DISCIPLESHIP...

Becoming more like Jesus in our character and skilled at doing life as He did.

Helping others come to Jesus, follow Jesus and lead others to follow Jesus also.

Disciple-Maker's Character (Christ-likeness)

LIVING FREELY: *Jesus Christ, through His death and resurrection and your trusting Him to save you, has set you free FROM God's punishment, condemnation, sin's guilt, shame, rejection and fear. He has also freed you TO experience His infinite love, unconditional grace, enabling power to live a holy life & effectively make disciple makers.*

Read John 8:31-36 & Galatians 5:1-16. What do these passages say about being free?

-What do you need to experience freedom FROM (remove from your life)?

-What do you need to experience freedom TOWARDS (add to your life)?

Disciple-Maker's Competencies (Life Skills)

LEADING: *Growing in your leading skills to influence, direct & empower others.*

Read Psalm 78:72 & Joshua 1. What do these passages teach about leadership?

-What are some leadership principles that are important to you? Why?

-What is an area of leadership that you would like to grow and develop in? Why?

Accountability & Prayer Break into smaller groups (men & women)

Creating a safe environment to be vulnerable, honest & accountable to each other.

-Share one thing you want the group to pray for you this week. Pray for each other.

MISSIONAL LIVING...

Encouraging each other to serve people inside and outside the walls of Rockpoint.

Living as Fishers of Men: Share who you are praying for where you live, work & play that our Father would bring to personally trust Jesus to save and change their lives.

Rockpoint Missionary: Pray for your Rockpoint missionary.

Sermon Discussion *Use the following application questions from the sermon.*

Big Idea: We all search for true happiness, contentment and satisfaction in life. Psalm 1 is not only the gateway to the rest of the Psalms, it provides the answer to finding true happiness and joy through the highs and lows of life.

Ancient Words, Modern Solutions **Finding What Matters Most**

Read Psalm 1

True happiness in life is possible

***Avoid the miserable life of sin**

- What are some of the reasons to avoid sin?
- How does sin make life miserable?

***Delight in God's Truth as the "rule of your life"**

Joshua 1:8 "This Book of the Law shall not depart from your mouth, but you shall meditate on it day and night, so that you may be careful to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success."

- What are some ways you have made God's truth the 'rule of your life'?

True happiness is found by not seeking something more

Matthew 6:33 "But seek first the kingdom of God and his righteousness, and all these things will be added to you."

- Give an example of how you sought 'more' only to be disappointed & disillusioned?
- Why do you think there is such a power (lure) to seek more to be happy? Example?

True happiness is only found when we are planted in Christ and draw from the power of His Word

2 Corinthians 5:14 – 15, 17 "For the love of Christ controls us, because we have concluded this: that one has died for all, therefore all have died and he died for all, that those who live might no longer live for themselves but for him who for their sake died and was raised."

"Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come."

- What is one way Jesus has changed your life? How are you being 'planted' in Christ?

1 Peter 1:6 "In this you rejoice, though now for a little while, if necessary, you have been grieved by various trials."

2 Corinthians 4:16 – 18 "So we do not lose heart. Though our outer self is wasting away, our inner self is being renewed day by day. For this light momentary affliction is preparing for us an eternal weight of glory beyond all comparison, as we look not to the things that are seen but to the things that are unseen. For the things that are seen are transient, but the things that are unseen are eternal."

- Explain how suffering has drawn your heart and life closer to Jesus and His people.
- What verse or thought helped you persevere during a difficult time?