

# Week 6: I Will Commit to a Healthy Church

(Corresponding to message on Nov. 22 & Chapter 7 & 8 in book)

## Opening Prayer

### Ice Breaker:

What is your favorite "Thanksgiving dinner" food to eat?

### Opening Question:

1. Share a time when you may have experienced church burnout. What caused it? How were you doing too much?
2. Was there a time where you considered dropout out of church for a season or not doing very much?
3. Have you ever seen or identified with the symptoms of "churchianity" the author mentions in chapter 8?

### Discussion Questions:

1. Read 1 Corinthians 12.
  - a. How does Paul help us avoid doing too much (and avoiding burnout) and too little (and avoiding spiritual atrophy)?
2. Explain the connection between grace and words in Ephesians 2:8 – 10.
3. What have your observations told you about the reason church attendees drop out of the church?
4. What are some characteristics of a church that has become a spectator sport for most of its members?
5. Why do some power groups form in a church? What are some of the consequences of these power groups?
6. Read Acts 2:42 – 47.
  - a. List the healthy marks of the early church. How do each of these healthy marks help avoid each of the symptoms of "churchianity"? Are we practicing these at Rockpoint and how can we do a better job?

### Application:

In 1-3 minutes, quietly write down what personal commitment you can make to avoid becoming a church dropout and the symptoms of "churchianity."

## Closing Prayer