



I COMMUNITY (15 min.) Introduce yourselves

Time Machine: If you could travel in time only once, what time would you visit? Why?

Share: One of my best memories is... because...

II DISCIPLESHIP

Big Idea: Paul shares his personal struggle with sin to point us to our only hope for overcoming sin—Jesus Christ.

Key Scripture — ¹⁵For I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. ¹⁶Now if I do what I do not want, I agree with the law, that it is good. ¹⁷So now it is no longer I who do it, but sin that dwells within me. ¹⁸For I know that nothing good dwells in me, that is, in my flesh. For I have the desire to do what is right, but not the ability to carry it out. ¹⁹For I do not do the good I want, but the evil I do not want is what I keep on doing. ²⁰Now if I do what I do not want, it is no longer I who do it, but sin that dwells within me. ²¹So I find it to be a law that when I want to do right, evil lies close at hand. ²²For I delight in the law of God, in my inner being, ²³but I see in my members another law waging war against the law of my mind and making me captive to the law of sin that dwells in my members.’ Rom. 7:15-23

As you listened, what thought did our Father impress upon you as to how to apply this message to your life? Why?

Message Discussion (50 min.)

OUR PERSONAL STRUGGLE with the power of sin. 7:7-24

God’s Word reveals the very nature and magnitude of the power of sin. 7:7-13

Write down 6 observations from 7:7-13.

- | | |
|----------|----------|
| 1. _____ | 4. _____ |
| 2. _____ | 5. _____ |
| 3. _____ | 6. _____ |

What is the relationship between God’s law and the power of sin?

What is Paul’s point in 7:7-13? Why is it important to really understand this?

Describe what your struggle with sin is like.

Though we're new creatures in Christ (6:1-14), we still battle with sin. 7:14-24

Write down 6 observations from 7:14-24.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Paul says nearly the same thing two times (7:14-17 & 7:18-20). Why does he do this?

What does Paul mean when he says, '...but I am of the flesh, sold under sin' (7:14)?

What is Paul's point in verses 15-17 and 18b-20? Put his point in your own words.

Is Paul saying 'he is no good' or 'in his flesh is no good' (7:18)? What's the difference?

Why is 7: 22 an important 'identity' verse (tells Christians who they are in Christ)?

What is the war that rages inside of every Christ follower (7:23)? State it in your words.

'Wretched man' (7:24) means miserable. How do Christians experience this misery?

OUR HOPE is found in our true identity 'in Christ.' 7:25

I am redeemed (3:24), I am justified (5:1), I am loved & accepted by the Father (5:5b,5:8), I am reconciled to the Father (5:10), I am righteous (5:17), I am not condemned (8:1), I am adopted into God's family (8:15), I am empowered to live (8:37)

ALLOW YOUR STRUGGLE draw you deeper in relationship with Jesus.

-To worship Him -To trust Him -To pursue Him -To be with Him in heaven

Share which of these statements is most true right now for you. Why?

Discipleship Principles (10 min.)

Live from your **NEW IDENTITY** in Jesus Christ not your old 'fleshly' one.

What are some verses that tell Christ followers who they are 'in Christ' - new ID?

_____ (see Eph. 1-2, 2 Cor. 5, Col. 1-3)

Choose one & discuss how believing this verse would make a difference in your life.

Accountability & Prayer (30 min.) Pray for each other

Break into two smaller groups (men & women)

Share a couple of the lies that you tend to believe about yourself &/or others.

Share how you've seen the Father change, encourage or empower you this week.

III MISSIONAL LIVING (15 min.)

Rockpoint Missionary: What one missionary are you adopting as a Life Group?

Brainstorm what you could do as a Life Group in 'adopting' this missionary.

Choose a couple of specific actions that you will do as a Life Group for this missionary.

Send an email to Kevin (kblock@rockpoint.church) telling him who your missionary is.