

## **I COMMUNITY** (15 min.) Introduce yourselves

**HELP!** Is it harder for you to offer help or accept help from someone? Why?

**Share:** What is one of the more encouraging things someone has said to you? Why?

## **II DISCIPLESHIP**

**Big Idea:** Living victoriously is not found by doing more or trying harder. It is experienced as we surrender to the Holy Spirit. He is a gift of grace to every follower of Christ. Living in the Spirit is living from who we are in Christ & allowing the indwelling Spirit to live Jesus' LIFE through us.

### **Key Scripture — Read Romans 8:1-17**

“Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body.” 1 Corinthians 6:19 – 20

“In him you were sealed with the promised Holy Spirit, who is the guarantee of our inheritance until we acquire possession of it, to the praise of his glory.” Ephesians 1:13, 14

“For it has been granted (gifted) to you that for the sake of Christ you should not only believe in Him but also suffer for His sake.” Philippians 1:29

As you listened, what thought did our Father impress upon you as to how to apply this message to your life? Why?

## **MESSAGE DISCUSSION** (50 min.)

**Living FROM Victory in Christ.** Romans 8:1-4

**I am no longer condemned because of sin** (8:1)

Share a time when you felt condemned because of some sin in your life.

**I am no longer in bondage to sin** (8:2)

In what sense are you no longer in bondage to sin? Give an example.

**God condemned sin through Christ** (8:3)

What could the Law not do? Why did it take Jesus' death/resurrection to defeat sin?

**God enables me to live a new life by the Holy Spirit** (8:4)

Give an example of the difference between living according to the 'flesh' vs. the Spirit?

## **Living IN Total Victory in Christ.** Romans 8:5-17

### **1. Set your mind in/on the Spirit (8:5-8)**

What is an indicator you are living according to your own 'flesh' (self-reliance)?

How do you set your mind in/on the Spirit? Give a recent example.

Why is your 'flesh' so hostile to God? Is God seeking to reform your 'flesh'? Explain.

### **2. Trust the Spirit's power in you (8:9-11)**

What does Paul mean when he says you are in the Spirit not in the flesh?

How would you paraphrase verse 10 in your own words?

What does the Spirit want to do in your life? Why does He wait for you to trust Him?

### **3. Yield to the Spirit to.... (8:12-17)**

In what sense are you a 'debtor' to the Spirit...to put to death the deeds of sin?

#### **a. ...Experience the reality of being God's child (14)**

Why does yielding to the Spirit enable you to experience being God's child?

#### **b. ...Experience the reality of God being your heavenly Father/Papa (15)**

How personal do you think God wants to be with you? Why do you think that?

#### **c. ...Experience the reality of being adopted by God to be His child (8:15-16)**

Why is yielding to the Spirit needed to experience assurance of belonging to Jesus?

#### **d. ...Experience the reality of being an heir with Christ now (8:17)**

Why does yielding to the Spirit often lead to suffering?

Why can suffering lead to deeper & meaningful experiences of the Father's love?

## **DISCIPLESHIP PRINCIPLES (10 min.)**

### **Living the Spirit-filled life**

Share what has helped you live in the Spirit more consistently.

Share what seems to make living in the Spirit difficult or impossible?

## **ACCOUNTABILITY & PRAYER (30 min.) Pray for each other**

Break into two smaller groups (men & women)

Share one struggle that you have in your daily life.

Share one thing you would like the person to your right to pray for you this week.

## **III MISSIONAL LIVING (15 min.) Week 2... Please do this this week!**

**Rockpoint Missionary:** What one missionary are you adopting as a Life Group?

Brainstorm what you could do as a Life Group in 'adopting' this missionary.

Choose a couple of specific actions that you will do as a Life Group for this missionary.

Send an email to Kevin (kblock@rockpoint.church) telling him who your missionary is.